

Winter Menu October 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Packed Lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch
5th Oct 2nd Nov 30th Nov	Oven roasted sausages peas Mashed Potato Gravy Frozen mousse yogurt	Chicken bake or Chicken nuggerts sweetcorn chipped potatoes Flakemeal Biscuit	100% NI beef burger In a bap sweetcorn Chipped potatoes Ice cream tub	oven baked fish finger steamed mixed vegetables Mashed Potato Home-made fruit muffin	Roast turkey crown roast/mashed potatoes Trio of vegetables stuffing/roast gravy yogurt or Frozen yoghurt
Week Two	Packed Lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch
12th Oct 9th Nov 7th Dec	oven baked fish fingers chipped potatoes Garden peas Homemade shortbread	Homemade pasta bologanise Garlic Bread mixed salad ice cream or Fruit Jelly	NI pork sausage served in a soft finger roll saute onions Chipped potatoes Ice cream tub	Traditional Cottage pie Mashed potatoes steamed mixed vegetables Flakemeal biscuit	Roast NI chicken roast/mashed potatoes Trio of vegetables stuffing/roast gravy Fresh fruit salad Frozen mousse
Week Three	Packed lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch
19th Oct 16th Nov 14th Dec	Savoury pizza with fresh toppings chipped potatoes mixed salad Rice pudding Frozen mousse	Golden Fish fingers or Salmon fish cakes Baby baked potatoes or creamed potatoes Peas and carrots Home-made fruit muffin	100% NI beef burger in a sesame roll sweetcorn Chipped potatoes Ice cream or Fruit	Succulent home-made chicken goujons/garlic dip Creamed potatoes & peas ice cream or Fruit Jelly	Roast turkey crown roast/mashed potatoes Trio of vegetables stuffing/roast gravy fresh fruit salad or Frozen yoghurt
Week Four	Packed lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch
26th Oct 23rd Nov 21st Dec	Golden Fish fingers Chipped potatoes baked beans Flakemeal biscuit	Hearty home-made Irish stew made with fresh N.I. produce Frozen mousse or Fresh fruit pot	NI pork sausage served in a soft finger roll topped with saute onions Chipped potatoes Ice cream tub	Savoury pizza with fresh toppings chipped potatoes mixed salad shortbread or yoghurt	Roast NI chicken roast/mashed potatoes Trio of vegetables stuffing/roast gravy chocolate muffin

Packed Lunch:

1. Freshly cut sandwiches/baguette/flour tortilla
2. Whole milk or spring water
3. Salad tub or vegetable sticks
4. Vanilla rice pot/jelly pot/whole fresh fruit/homemade biscuit or chose from desserts above

try something new to